

Gain recognition
by government and
industry

Build on your existing
skills with athletes and
injured clients



GET SERIOUSLY QUALIFIED IN FITNESS AND ALLIED HEALTH WITH BREATHE EDUCATION

A SPECIAL UPGRADE COURSE
JUST FOR EXISTING PILATES
INSTRUCTORS

GRADUATE WITH A DOUBLE QUALIFICATION

This groundbreaking course is the first of its kind in Australia to offer a double qualification:

- SIS40210 Certificate IV in Fitness AND
- HLT42512 Certificate IV in Allied Health Assistance (physiotherapy assistant stream).

These 2 qualifications will open a lot of new doors for you and enrich your career pathway. You'll learn in detail how to safely and professionally perform physiological assessments, design a wide range of exercise programs and work closely with physiotherapists and other Allied Health professionals to rehabilitate injured clients.

SPECIAL PRE-LAUNCH COURSE, JUST FOR PILATES INSTRUCTORS

This new course will be launched to the public in April 2013. It will run over 6 months.

Before the course is officially introduced we're offering an exclusive edition of the course just for existing Pilates instructors. This special invitation-only course is condensed to save time, it costs significantly less and will acknowledge your existing skills and experience.



ON SUCCESSFUL COMPLETION YOU'LL ACHIEVE

- Two nationally recognised qualifications with pathways to Tertiary education
- Significantly increased skills and knowledge dealing with athletes and injured clients
- Mainstream recognition in the Fitness AND Health sectors
- Eligibility for Personal Trainer registration with Fitness Australia
- Eligibility for Physiotherapy Assistant membership of the Australian Physiotherapy Association (APA)
- Eligibility for international recognition as a Personal Trainer by REPS UK, NZ, Europe and South Africa
- The ability to work comfortably and legally in a physiotherapy clinic or a Fitness studio
- The ability to work with Allied Health professionals as part of a team
- Well-grounded small business planning and marketing skills

PRACTICAL DETAILS

- 100% attendance required
- **Weekend Course November 2012:**
9am-6pm Sat & Sun 10 Nov - 9 December
- **Weekday Course January 2013:**
9am-6pm Mon-Fri 14 -25 January
- 80 contact hours + home study
- Melbourne CBD location

PAY UPFRONT OR PAYMENT PLAN

- Normal course price \$4200. Once only offer, just for existing Pilates instructors \$1599
- Payment plan is available (6 x monthly payments of \$267)

QUALIFICATION AWARDED

- Graduate with SIS40210 Certificate IV in Fitness and HLT42512 Certificate IV in Allied Health Assistance (physiotherapy assistant specialisation)

ENTRY REQUIREMENTS

- Qualified or fully trained in Mat and/or Reformer Pilates (STOTT PILATES or other method)
- 100 hours industry experience

HOW TO APPLY

- Enrol or enquire online at:
www.breathe.edu.au
- Call: (03) 9662 1630

BOOK NOW - PLACES ARE
LIMITED: FIRST IN FIRST SERVED

MORE INFORMATION?

Find a full course breakdown at:
www.breathe.edu.au

Email your enquiry to Kylie:
education@breathewellbeing.com.au

Call us on: (03) 9662 1630

